



Communicable Disease Unit

Temporary K-12 Quarantine Adjustment 2020-2021 School Year

Individuals in school K-12 are permitted to shorten quarantine and return after Day 7 from the date of last exposure if they:

- Have received a negative PCR test result from a specimen collected after Day 5 or a negative antigen test result from a specimen collected on or after Day 7*
- Have quarantined for 7 complete days
- Have remained asymptomatic since the recent COVID-19 exposure
- Strictly adhere to face mask requirements for 14-days
- Self-monitor for COVID-19 symptoms through Day 14 and if symptoms occur, immediately self-isolate and seek testing

*To shorten quarantine duration to 7 days, testing must be performed no more than 48 hours prior to release of quarantine. If all conditions are met, the day of release would be Day 8. The 48 hour allowance is given to account for turnaround time of PCR testing. However, antigen testing has a short turnaround time and is a less sensitive test, so when antigen testing is used, the specimen should only be collected on or after Day 7.

Sincerely,

A handwritten signature in black ink, appearing to read "Nancy Williams".

Dr. Nancy Williams

El Dorado County Public Health Officer

Strengthening, Empowering and Protecting the Residents of El Dorado County

Please see the example below regarding the method for scheduling tests in accordance with
“Temporary K-12 Quarantine Adjustment 2020-2021 School Year” guidelines:

Exposed	10 day return	6th Day PCR	7th Day Antigen	8th Day Antigen	8th Day Return
4/22/2021	5/3/2021	4/28/2021	4/29/2021	4/30/2021	4/30/2021
4/23/2021	5/4/2021	4/29/2021	4/30/2021	5/1/2021	5/1/2021
4/24/2021	5/5/2021	4/30/2021	5/1/2021	5/2/2021	5/2/2021
4/25/2021	5/6/2021	5/1/2021	5/2/2021	5/3/2021	5/3/2021
4/26/2021	5/7/2021	5/2/2021	5/3/2021	5/4/2021	5/4/2021
4/27/2021	5/8/2021	5/3/2021	5/4/2021	5/5/2021	5/5/2021
4/28/2021	5/9/2021	5/4/2021	5/5/2021	5/6/2021	5/6/2021
4/29/2021	5/10/2021	5/5/2021	5/6/2021	5/7/2021	5/7/2021
4/30/2021	5/11/2021	5/6/2021	5/7/2021	5/8/2021	5/8/2021